

# What Does Your Baby Need from You?



PARENT ALLIANCE™

## A Short (& Fun!) 6-Week Program for Expecting Couples Who Want to Learn:

- Tips to support your baby's development and insights into how your relationship impacts your baby.
- How to read and respond effectively to your baby's cues.
- Tools to avoid common postpartum fights and repair relationship toxins that negatively affect your baby.
- Easy strategies to maintain connection and intimacy.

"Forget the bugaboo, the fancy crib and organic nipple pads. Rhona is the number one gift for anyone who wants to be the best parent they can be." - *Lena, Los Angeles, USA*

"With all the focus on mom and the baby, dad's needs can be forgotten. Rhona ensured that my needs were made just as important as mom's needs." - *Jayson, Calgary, Canada*



### Coach with Rhona by Skype or Phone.

Contact [Rhona@ParentAlliance.com](mailto:Rhona@ParentAlliance.com) to learn more and to book a complimentary individual or couples' strategy consult.

Rhona Berens, PhD, PCC is a Coach, Trainer & Gottman Educator for *Bringing Baby Home* and *The Seven Principles for Making Marriage Work*. She helps expecting couples & parents stay sane and stay together.